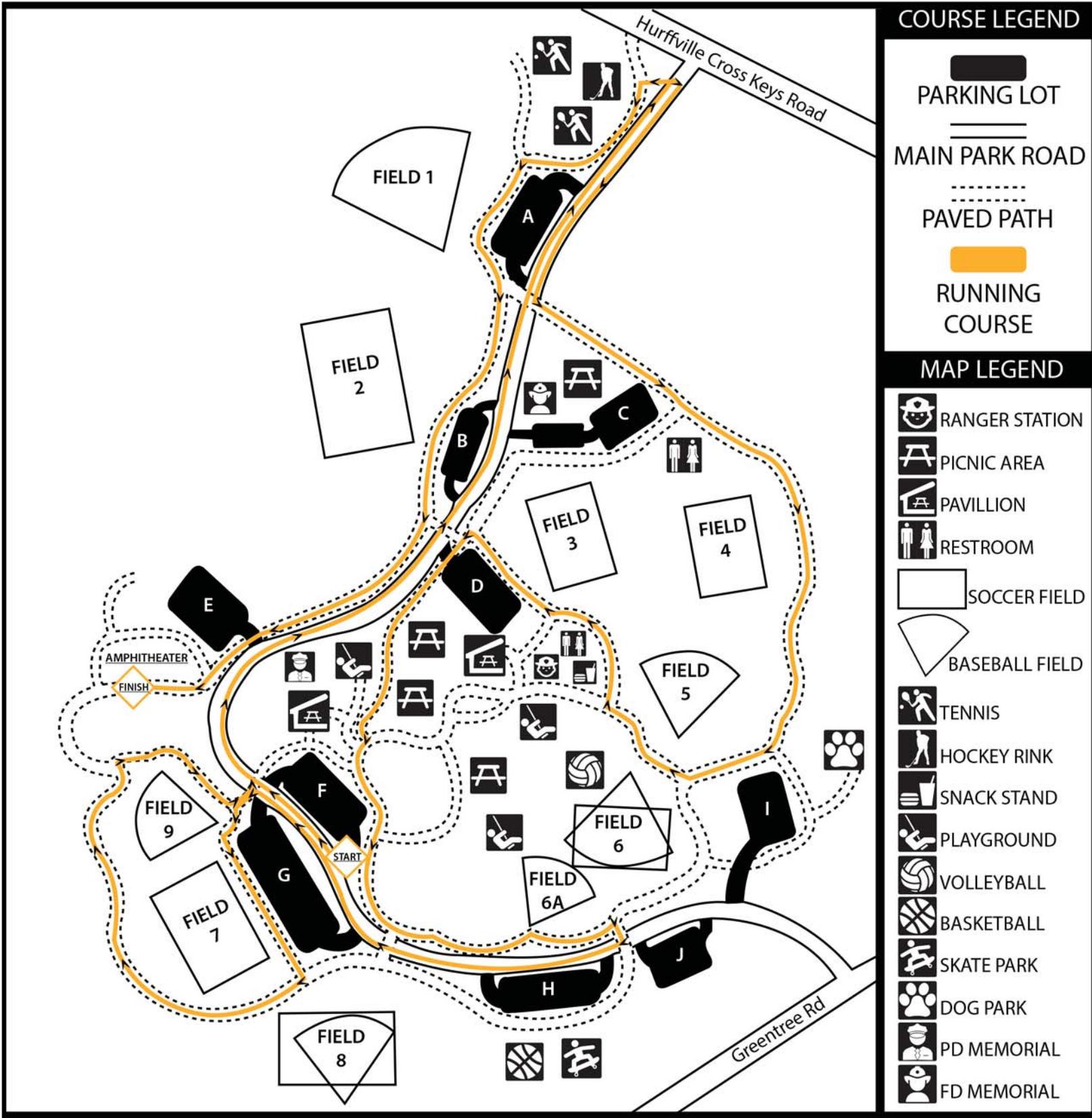


# iRace4Vocations



## 5K Run Course

## iRace4Vocations 5K Run

- This course has been measured in accordance with USATF requirements (*Certification NJ12009WB*). Runners have use of the full road and path widths except as follows:
  - On the main park road runners shall keep to the left where opposing runners are indicated to be returning in the opposite direction at the turnaround
- **Start:** On the main park road, opposite the southeasterly entrance to Parking Lot 'F'. The start will be marked by a Start Marker Sign. Runners will take the main park road passing amphitheater towards Hurffville-Crosskeys Road.
- **Turnaround:** Located on the center of main park road, 6 feet southwest of the southwest end of the dividing island, runners turn at this turnaround and continue back down the main park road.
- Continuing down the main park road, the runners will turn left onto the paved path indicated by a sign on the course.
- When runners come to the 'T' in the paved path located at 'Field 5,' they will turn right as indicated by the sign on the course.
- Runners will continue on this course passing by the 'Volleyball Courts' and 'Playground' area towards Parking Lot 'D'.
- At the end of Parking Lot 'D,' runners will turn left as indicated by a sign on the course, continuing on the paved path through the woods.
- Upon exiting the paved path through the woods, runners will continue going left on the paved path around Parking Lot 'F'.
- When the runners are adjacent to Parking Lot 'H' they will turn right off of the paved path and continue on the main park road.
- After passing the Start position of the course, runners will this time turn left onto the paved path at Parking Lot 'G' following the path around Fields '7 & 9'.
- After running the paved paths around the fields, runners will exit the paved path and continue up the main park road as they did at the start.
- When runners reach the turnaround on center of main park road, 6 feet southwest of the southwest end of the dividing island, the runners will then turn left off of the main park road to cross the grass and reach the paved path.
- **Finish:** Runners will continue down the paved path towards the amphitheater. The finish line is on the paved path southeast of the amphitheater and exactly 50 feet southwest of the single wood pole with the floodlight.